
LEARNING CHOICES PROGRAM

Ahead of the Game

DURATION OF SUBJECT

One semester

SUBJECT TYPE

Depth Study

COURSE DESCRIPTION

Ahead of the Game offers students a broad study of the performance of individuals and groups in team sports. It will combine theory and practical activities to enable students to analyse game performances. Students interested in further studies in Physical Education or who have a passion for sport are encouraged to consider this subject.

Students will build on their understanding of the role of a Coach in helping individuals and teams improve their skill performance and decision making in games. They will learn about the structures and functions of the body that allow athletes to improve and perform at a high level. They will also investigate the advantages of video technology, to analyse movements and provide feedback to their peers.

ASSESSMENT

Students undertake a movement analysis of a player in a game situation and are asked to give feedback to improve their performance. They complete an assessment task on skill improvement and tactical analysis and explain how the structure of the body affects athletic performances. They will also analyse tactics in games and implement strategies with their teams.

Why choose this subject?

This subject provides a lead in to Year 10 Physical Education and provides an excellent foundation to accelerate into Year 11 PE (in Year 10).