

presents

## How do I get my child to do what I want? Nicola Treacy, Peter Adams & Tim Jezard

Disruptive and antisocial behaviour is common for many children. However, when it occurs on a regular basis such that it interferes with the child's learning and/or social and emotional development, there is a risk of ongoing psychological problems. This information session has been developed by the Royal Children's Hospital CAMHS and Schools Early Action (CASEA) team with a view towards intervening early on in a child's life. The College has run the more intensive CASEA program over the past two years with numerous students and their families with great success. The material that is covered in the eight week program has been synthesised into this interactive 90 minute presentation which we believe all parents can benefit from.

The session will focus on providing you with strategies to increase desirable behaviour and decrease and manage unwanted behaviours as well as helping you build and enhance your relationship with your child. There will also be some information on the *No Drama Discipline* approach, popularised by Dan Siegel, Professor of Psychiatry and author of numerous books on neuroscience, wellbeing and the child's developing brain.





When: Monday 14 November 2016

Time: **7:00pm** 

Where: Multi Purpose Hall, Taylors Lakes Campus

To register, please email <a href="leonie.murray@overnewton.vic.edu.au">leonie.murray@overnewton.vic.edu.au</a> stating the first name and surname of each attendee, your child's name and class, and home telephone number for Overnewton families by **Friday 11 November 2016.** Non Overnewton families are also welcome.