

2019 Parent Education Evenings



OVERNEWTON
ANGLICAN COMMUNITY COLLEGE



TERM 1 Encouraging Respect and Equality in Young People

Catharine Lumby

Catharine Lumby is a Professor of Media at Macquarie University and was the foundation Director of the Journalism and Media Research Centre at UNSW. She holds an Arts (Hons)/Law degree from Sydney University and a PhD from Macquarie University.

For the past two decades, she has worked with organisations as diverse as Google Australia, the National Rugby League, Channel 10, the Australian Communication and Media Authority and the Australian Sports Commission. She is widely known for her evidence-based approach to creating customised education programs which promote diverse, ethical and accountable cultures. She has also worked extensively with schools and universities on research and education preventing sexual harassment and promoting the responsible use of social media.

Catharine sits on the board of Rape and Domestic Violence Services Australia and the Council of The National Museum of Australia and in December 2018 appeared on the SBS program Is Australia Sexist?

WHEN: Monday 4 MAR
7:00pm

WHERE: Multi Purpose Hall,
Taylors Lakes
Campus



TERM 2 Depression and Youth Suicide

Sadhbh Byrne & Nic Newling

Sadhbh Byrne is a research assistant with the suicide prevention research team at Orygen, the National Centre of Excellence in Youth Mental Health. She recently moved to Australia from Ireland, where she completed her PhD research at Trinity College Dublin. This study explored the role that parents and peers may play in identifying early signs and symptoms of adolescent depression, and supporting young people in distress. Fourteen schools, over 500 young people, and over 300 parents across the eastern region of Ireland took part in this study. At Orygen, Sadhbh is helping to lead the suicide prevention team's new research study in secondary schools.

Nic Newling is an outspoken advocate for mental health, suicide prevention, and sharing personal stories. Nic has reached millions of people through television, live talks, documentaries, radio, print, and online. He regularly speaks internationally at industry conferences, educational institutions, and workplaces. He is an ambassador for Movember, Australia Day, R U OK? Day, and the Australian Mental Health Prize. He has been featured on Australian Story, The TODAY Show in New York, Huffington Post, the feature documentary 'Suicide: The Ripple Effect', and his mother's Human Rights Award winning memoir 'Missing Christopher'.

WHEN: Monday 27 MAY
7:00pm

WHERE: SPA Centre,
Keilor Campus



TERM 3 Raising Boys/Raising Girls

Steve Biddulph

Steve Biddulph is one of the world's best known parent educators. A psychologist for 30 years, he is now retired but continues to write and teach. His books, including The Secret of Happy Children, Raising Boys, The New Manhood and now 10 Things Girls Need Most are in four million homes and 31 languages. They have influenced the way we look at childhood and especially the development of boys and men. Today though, ending the exploitation of girls and young women globally is a major focus.

Steve's live talks have had a remarkable public response, reaching 130,000 people. Many people express surprise at how moving and emotional these talks are, as well as how much fun.

This is a ticketed event – \$35/head.

Raising Boys session

WHEN: Thursday 22 AUG
7:00pm

WHERE: @ Gilson College

Raising Girls session

WHEN: Friday 23 AUG
7:00pm

WHERE: @ Overnewton
College

COST: This is a ticketed
event – \$35/head.



TERM 4 Untangling your teen from technology: Practical (and positive) strategies for parents

Jocelyn Brewer

Jocelyn is a Sydney-based psychologist with over 15 years' experience in public schools as both a teacher and counsellor. She has been studying the impacts of technology use for a decade. She is part of Australia's first formal cyber-psychology research group at the University of Sydney where is completing Masters research on the relationship between parenting styles and young people's smartphone habits. She created Digital Nutrition in 2013 as a positive framework for addressing digital wellbeing issues and preventing technology addictions.

WHEN: Monday 28 OCT
7:00pm

WHERE: Multi Purpose Hall,
Taylors Lakes
Campus



For updates visit www.overnewton.vic.edu.au/our-community/parent-education-evenings.php